

# LOSE YOURSELF

As recorded by Eminem

(From the 2003 Album 8 MILE OST)

Wor

## A Intro

$\text{♩} = 71$   
N.C.(Dm)


1 

Gtr I

T 10 10 10 10 12 15 13 12 13 10 11 10 10 10 12

A 11 12 13 14 10 13 14 11 12 13 14 10 13 14


B 15 14 15 14

6 


T 10 10 11 10

A 12 10 12 12 10 11 11 12 14 14 15 17

B (17)

$\text{♩} = 89$  

D5 B7/D D5 B7/D D5 B7 D5

10 

Gtrs II, III

P.M.-----| P.M.-----|


T 7

A (7) 8 8 8 8 5 8 8 8 5 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7

B 5

## B Verse 1

D5 B7/D D5 B7/D D5 B7 D5

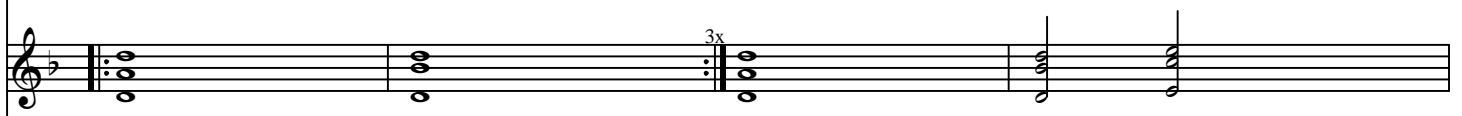
14 

P.M.-----| P.M.-----|

T 7

A (7) 8 8 8 8 5 8 8 8 5 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7

B 5



Gtr IV

T 7 7 7 7 7 7 7 7 7 7 9 10

A 8 8 8 8 8 8 8 8 8 8 7 7

B 5 5 5 5 5 5 5 5 5 5 7 7

18

Dsus2                      D+sus2                      Dsus2                      1. D+sus2                      Em+5                      2. D+sus2                      C/E

*let ring*-----|

*p*  
P.M.-----|

T  
A  
B

T  
A  
B

C Chorus

23

Dsus2                      D+sus2                      Em+5                      Dsus2                      D+sus2                      C/E

Gtr IV

15ma                      15ma-----|                      15ma-----|                      15ma----

Gtr I

T  
A  
B

T  
A  
B

To Coda  
To Dbl. Coda

27

Dsus2 D+sus2 Em+5 Dsus2 D+sus2 C/E

T 5 6 8 5 6 8  
A 7 5 9 7 7 9  
B 5 5 7 5 5 7

15ma 15ma 15ma

T 10 10 12 10 10 10  
A 7 7 9 11 12 11  
B 7 7 9 11 12 11

**D** Verse 2

31

D5 B<sup>b</sup>/D D5 Gm/D B<sup>b</sup>/D D5 B<sup>b</sup> D5

Gtr III

T 7 7 7 7 7 7 7 7  
A 7 7 7 7 7 7 7 7  
B 5 5 5 5 5 5 5 5

35

D5 B<sup>b</sup>/D D5 B<sup>b</sup>/D B<sup>b</sup>/D D5 B<sup>b</sup> D5

*f*

Gtr I

T 7 7 7 7 7 7 7 7  
A 7 7 7 7 7 7 7 7  
B 5 5 5 5 5 5 5 5

8va

T 10 10 10 8 5 6 8  
A 7 7 7 7 7 7 7 7  
B 7 7 7 7 7 7 7 7

*D.S. al Coda*

D5 8va----- B $\flat$ /D D5 B $\flat$ /D C/E

39

P.M.-----

T									
A	7	7	7	8	5	7	(7)	8	7
B	5	5	5	5	5	5	5	5	5

T		10	10	8	5	6	8	9	
A	7								
B									

**E** Verse 3

D5 B $\flat$ /D D5 Gm/D B $\flat$ /D D5 B $\flat$  D5

43

T									
A	7	7	7	8	5	7	3	7	7
B	5	5	5	5	5	5	5	5	5

D5 B $\flat$ /D D5 B $\flat$ /D B $\flat$ /D D5 B $\flat$  D5

47

T									
A	7	7	7	8	5	7	7	7	7
B	5	5	5	5	5	5	5	5	5

8va-----

Gtr I

T	10	10	8	10	10	12	9		
A	7								
B									

51

D5 B $\flat$ /D D5 B $\flat$ /D Gm/D

8va-----

55

D5 B $\flat$ /D D5 B $\flat$ /D Gm/D

8va-----

59

D5 B $\flat$ /D D5 B $\flat$ /D Gm/D

*D.S.S. al Dbl. Coda*

8va-----

**F** Outro

63

Dsus2      D+sus2      C/E      Dsus2      D+sus2      C/E

15ma      15ma-----1      15ma-----1

67

Dsus2      D+sus2      C/E      Dsus2      D+sus2      Gm/D

15ma-1      15ma-----1      15ma-----1