
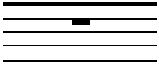










“Strumming Solutions” DVD

For this series of exercises I have given you a combination of chord changes. However, we will NOT be changing chords in between each exercise. Instead, once you’ve completed the first run (two times) then stay with it and switch to the secondary chord. The video will explain in more detail.

Name	Note	Rest
Whole Note		
Half Note		
Quarter Note		
Eighth Note		
Sixteenth Note		

The chart above should be familiar by now, but in this series of exercises I will be adding rests in the mix. The easiest way to think of rests is by applying what you already know about the note values to mean the same thing.

Note	Duration (to make one measure in 4/4 time)
whole note	1
half note	2
quarter note	4
eighth note	8
sixteenth note	16

Example: a dotted half note gets 3 beats. To illustrate, the value of a half note is 2, half of 2 is 1 so $2 + 1 = 3$.

Dotted Notes/Rests

whole note/rest: $1 + 1$ (dotted) = 2

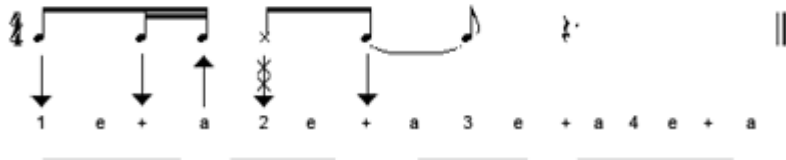
half note/rest: $2 + 1$ (dotted) = 3

quarter note/rest: $4 + 2$ (dotted) = 6

eighth note/rest: $8 + 4$ (dotted) = 12

sixteenth note/rest: $16 + 8$ (dotted) = 24

- The quarter REST takes up 4 RESTS per measure. Based on the rest count, the quarter rest would 'rest' for four beats.



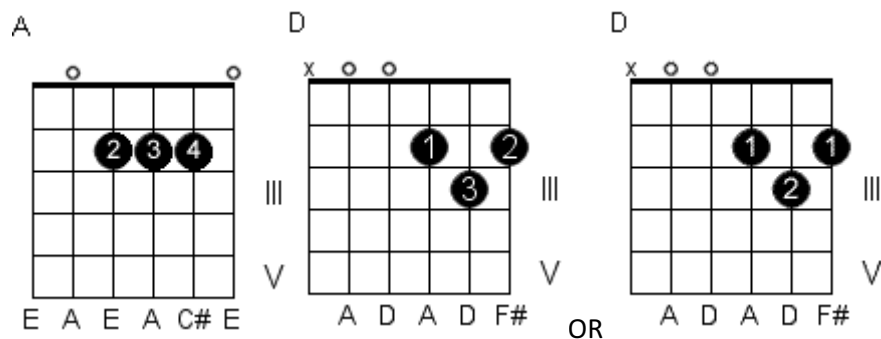
Notice that on the "+" after the "3" (and after the e) we have a quarter rest with an added 'dot' BESIDE the rest. Anytime a dot is added to a note or rest, the dot would add HALF of the value of the note or rest it sits to the right of. In this case, we have a dotted quarter rest. The value of a quarter NOTE or REST is 4, as it takes 4 of these notes/rests to equal a whole note/rest. Since we add HALF of the notes original value, we need to add 2. So in total, a dotted quarter rest or dotted quarter note would equal 6.

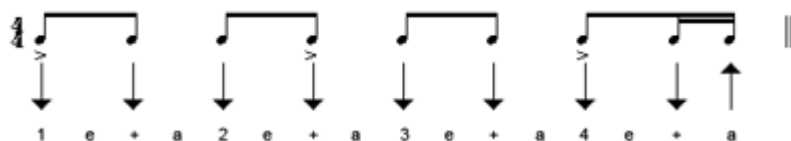
Exercises 26 – 50

Exercise 26:

Primary chord - A

Secondary chord – D

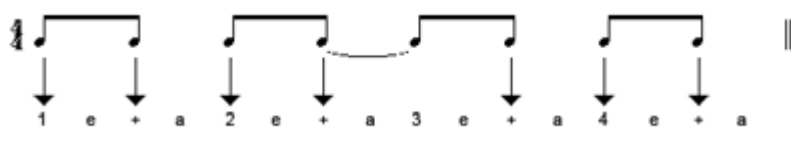
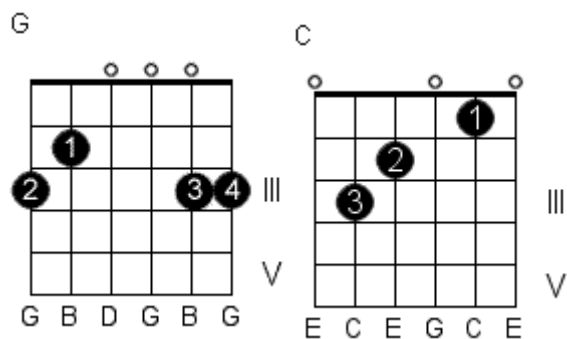




Exercise 27:

Primary chord - G

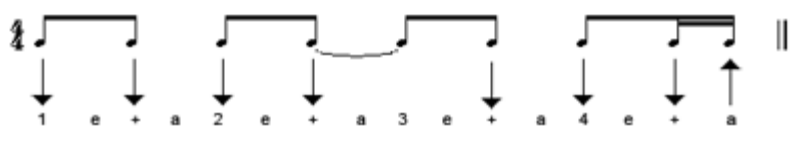
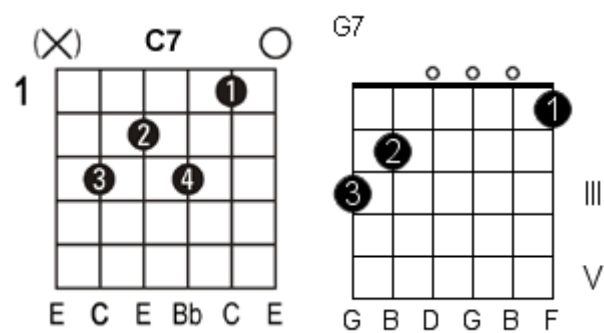
Secondary chord – C



Exercise 28:

Primary chord – C7

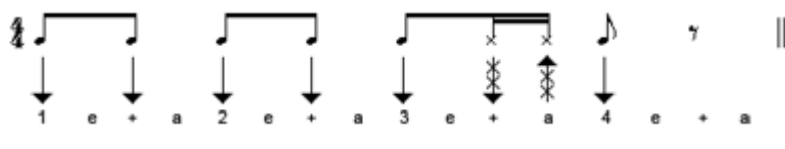
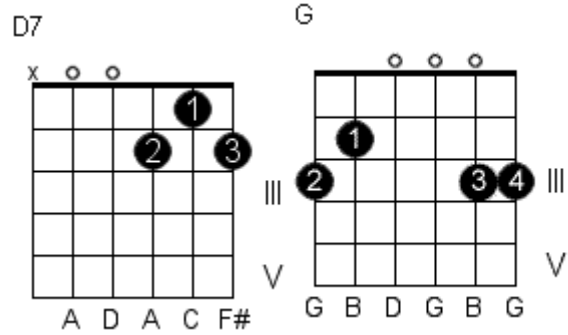
Secondary chord – G7



Exercise 29:

Primary chord – D7

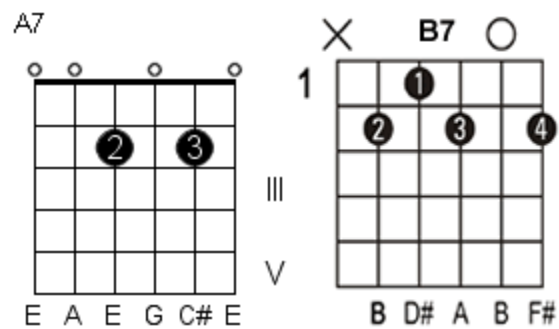
Secondary chord – G



Exercise 30:

Primary chord – A7

Secondary chord – B7



Exercise 31:

Primary chord - G

Secondary chord – A

G A

G B D G B G E A E A C# E

III III

V V

1 e + a 2 e + a 3 e + a 4 e + a ||

Exercise 32:

Primary chord - E

Secondary chord – A

E A

E B E A \flat B E E A E A C# E

III III

V V

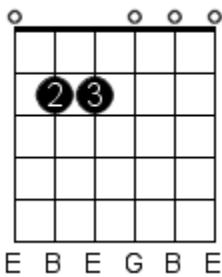
1 e + a 2 e + a 3 e + a 4 e + a ||

Exercise 33:

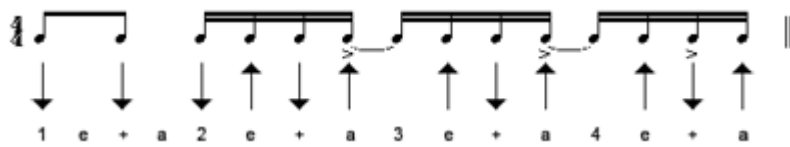
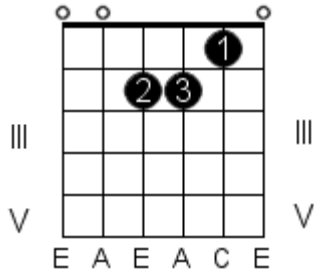
Primary chord - Em

Secondary chord – Am

Em



Am

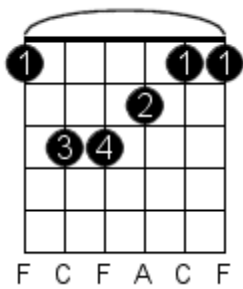


Exercise 34:

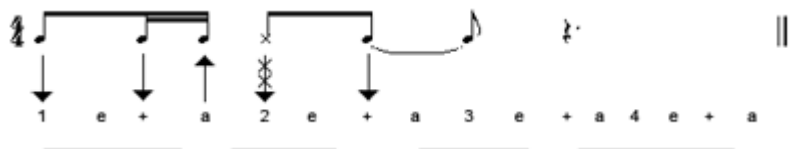
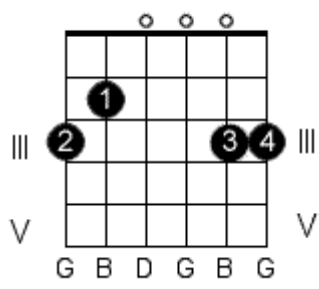
Primary chord - F

Secondary chord - G

F



G



Exercise 35:

Primary chord - Bm

Secondary chord - C

Bm C

B F# B D F# E C E G C E

Exercise 36:

Primary chord – E7
Secondary chord – Dm

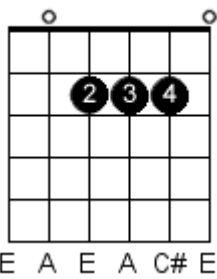
E7 Dm

E B D A B E A D A D F

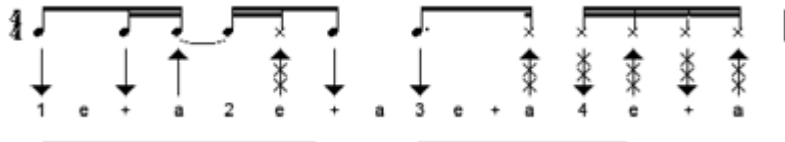
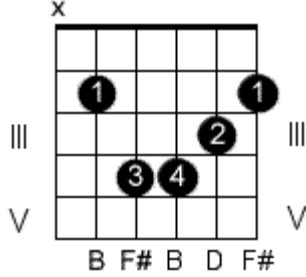
Exercise 37:

Primary chord - A
Secondary chord – Bm

A



Bm

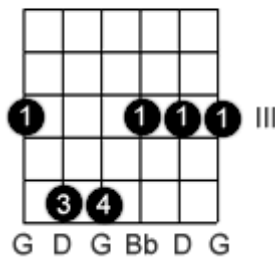


Exercise 38:

Primary chord - Gm

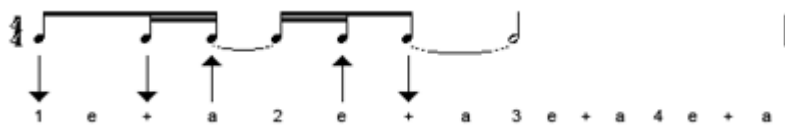
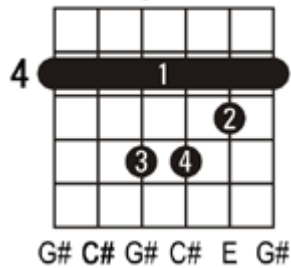
Secondary chord - C#m

Gm



(X)

C#m

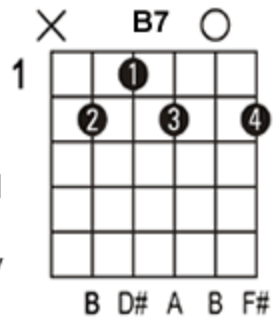
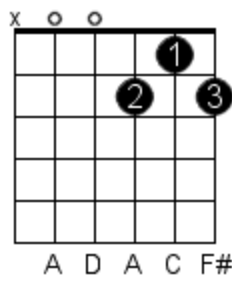


Exercise 39:

Primary chord - D7

Secondary chord - B7

D7

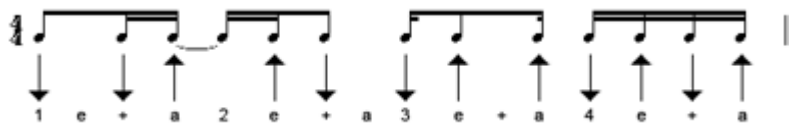
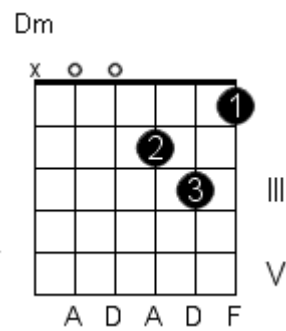
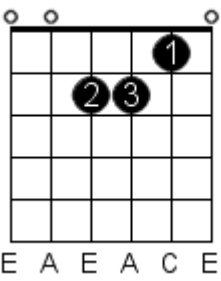


Exercise 40:

Primary chord - Am

Secondary chord - Dm

Am



Exercise 41:

Primary chord - C

Secondary chord - G

C

G

III V III V

1 e + a 2 e + a 3 e + a 4 e + a

Exercise 42:

Primary chord - F

Secondary chord – Dm

F

Dm

III V III V

1 e + a 2 e + a 3 e + a 4 e + a

Exercise 43:

Primary chord - F

Secondary chord – G

F

G

III

V

1 e + a 2 e + a 3 e + a 4 e + a

Exercise 44:

Primary chord – C#m

Secondary chord – B

(X) C#m

B

III

V

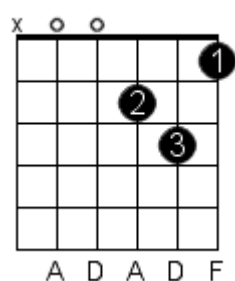
1 e + a 2 e + a 3 e + a 4 e + a

Exercise 45:

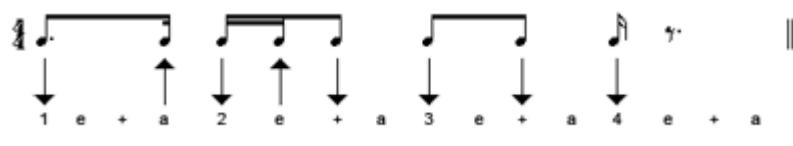
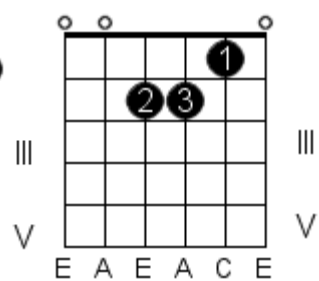
Primary chord - Dm

Secondary chord – Am

Dm



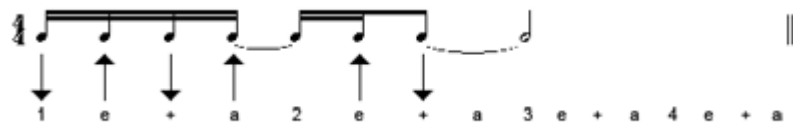
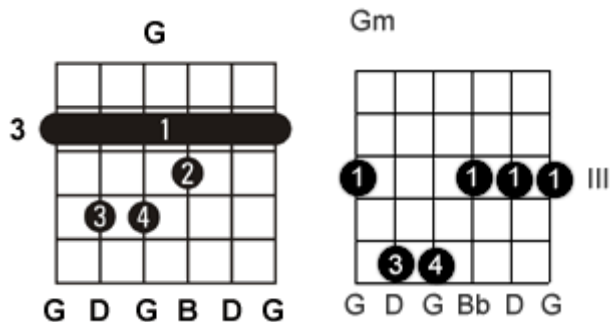
Am



Exercise 46:

Primary chord - G

Secondary chord - Gm



Exercise 47:

Primary chord - E

Secondary chord - D7

E D7

E B E A \flat B E A D A C F \sharp

III III
V V

1 2 3 1 2 3 4

1 e + a 2 e + a 3 e + a 4 e + a

Exercise 48:

Primary chord – G7

Secondary chord – A7

G7 A7

G B D G B F E A E G C \sharp E

III III
V V

1 2 3 1 2 3 4

1 e + a 2 e + a 3 e + a 4 e + a

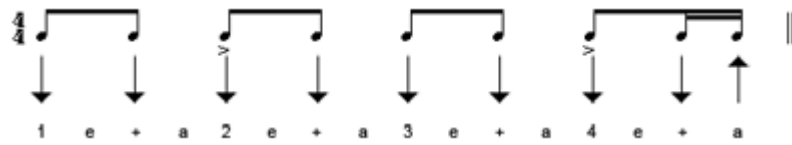
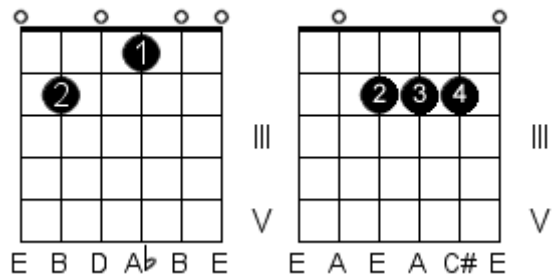
Exercise 49:

Primary chord – E7

Secondary chord – A

E7

A



Exercise 50:

Primary chord – D

Secondary chord – C

D

D

C

