

50 Chord Progressions – The Circle of Fifths

Before you view the chords I've included the 12 notes in Western Music in the event you forget what the dual names are for sharps and flats.

Ref: A – A#/Bb – B – C – C#/Db – D – D#/Eb – E – F – F#/Gb – G – G#/Ab

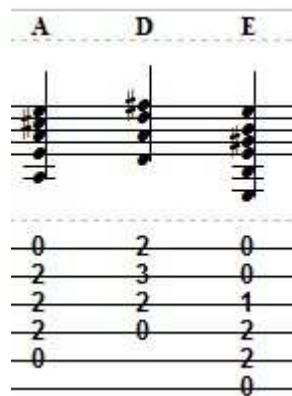
We are ONLY focusing on two strumming patterns, as described in the DVD.

Pattern 1: DDD, DU

Pattern 2: DD, UU, DU

Progression I – IV – V:

Exercise 1



A – D – E

Exercise 2

B E F#

The musical notation shows three chords on a five-line staff. The first chord is B, the second is E, and the third is F#. Each chord is represented by a vertical line with dots indicating the notes on the staff. The notes are: B (2nd line), E (4th line), F# (4th space) for the first chord; E (2nd line), B (4th line), F# (4th space) for the second chord; and F# (2nd line), B (4th line), E (4th space) for the third chord.

2	0	2
4	0	2
4	1	3
4	2	4
2	2	4
	0	2

B – E – F#(Gb)

Exercise 3

C F G

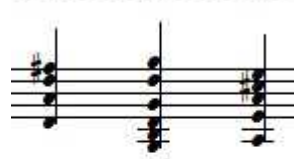
The musical notation shows three chords on a five-line staff. The first chord is C, the second is F, and the third is G. Each chord is represented by a vertical line with dots indicating the notes on the staff. The notes are: C (1st line), E (2nd line), G (3rd line) for the first chord; C (1st line), F (2nd space), A (3rd line) for the second chord; and F (2nd space), C (1st line), G (3rd line) for the third chord.

0	1	3
1	1	3
0	2	0
2	3	0
3	3	2
	1	3

C – F – G

Exercise 4

D G A




2 3 0
3 3 2
2 0 2
0 0 2
 2 0
 3

D – G – A

Exercise 5

E A B



0 0 2
0 2 4
1 2 4
2 2 4
2 0 2
0

E – A – B

Exercise 6

F B^b C

1	1	0
1	3	1
2	3	0
3	3	2
3	1	3
1		

F – B^b(A[#]) – C

Exercise 7

G C D

3	0	2
3	1	3
0	0	2
0	2	0
2	3	
3		

G – C – D

Exercise 8

A² D² E²

4	4	6
4	6	8
5	6	8
6	6	8
6	4	6
4		

Ab – Db – Eb (or G#/C#/D#)

Exercise 9

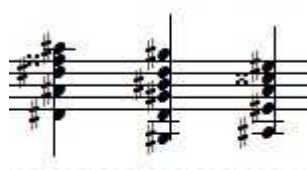
C[♯] F[♯] G[♯]

4	2	4
6	2	4
6	3	5
6	4	6
4	4	6
	2	4

C# – F# - G# (or Db – Gb – Ab)

Exercise 10

D# G# A#

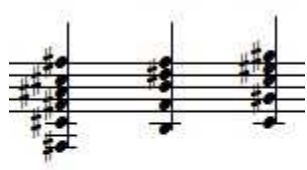


6 4 1
8 4 3
8 5 3
8 6 3
6 6 1
4

D# - G# - A# (or Eb - Ab - Bb)

Exercise 11

F# B C#



2 2 4
2 4 6
3 4 6
4 4 6
4 2 4
2

F# - B - C# (Gb - B - Db)

Exercise 12

G# C# D#

4 4 6
4 6 8
5 6 8
6 6 8
6 4 6
4

Detailed description: The image shows three chords on a six-line staff. The first chord is G# (G#4, A#5, B#5, C#6, D#6, E#6). The second chord is C# (C#4, D#5, E#5, F#6, G#6, A#6). The third chord is D# (D#4, E#5, F#5, G#6, A#6, B#6). Below the staff, the fret numbers for each string (from 6th to 1st) are listed for each chord.

G# - C# - D# (Ab – Db – Eb)

PROGRESSION: I-IV-V-IV

Exercise 13



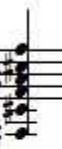
A D E

0 2 0
2 3 0
2 2 1
2 0 2
0 2 2
0 0

Detailed description: The image shows three chords on a six-line staff. The first chord is A (A4, C#5, E5, G#5, B5, D#6). The second chord is D (D4, F#4, A5, C#6, E6, G#6). The third chord is E (E4, G#4, B5, D#5, F#6, A6). Below the staff, the fret numbers for each string (from 6th to 1st) are listed for each chord.




A – D – E – D

Exercise 14

B	E	F#
		
2	0	2
4	0	2
4	1	3
4	2	4
2	2	4
	0	2

B – E – F# - E (or B – E – Gb – E)

Exercise 15

C	F	G
		
0	1	3
1	1	3
0	2	0
2	3	0
3	3	2
	1	3

C – F – G – F

Exercise 16

D G A

2 3 0

3 3 2

2 0 2

0 0 2

2 0

3

D – G – A – G

Exercise 17

E A B

0 0 2

0 2 4

1 2 4

2 2 4

2 0 2

0

E – A – B – A

Exercise 18

F B^b C

1	1	0
1	3	1
2	3	0
3	3	2
3	1	3
1		

F – Bb – C – Bb (F – A# – C – A#)

Exercise 19

G C D

3	0	2
3	1	3
0	0	2
0	2	0
2	3	
3		

G – C – D – C

Exercise 20

A² D² E²

4 4 6

4 6 8

5 6 8

6 6 8

6 4 6

4

Ab – Db – Eb – Db (or G# – C# – D# – C#)

Progression: I-IV-I-V

Exercise 21

A D E

0 2 0

2 3 0

2 2 1

2 0 2

0 2 2

0

A – D – A – E

Exercise 22

B	E	F#
2	0	2
4	0	2
4	1	3
4	2	4
2	2	4
	0	2

B – E – B – F#

Exercise 23

C	F	G
0	1	3
1	1	3
0	2	0
2	3	0
3	3	2
	1	3

C – F – C - G

Exercise 24

D G A

2 3 0

3 3 2

2 0 2

0 0 2

2 0

3

D – G – D - A

Exercise 25

E A B

0 0 2

0 2 4

1 2 4

2 2 4

2 0 2

0

E – A – E - B

Exercise 26

F B^b C

1 1 0

1 3 1

2 3 0

3 3 2

3 1 3

1

F – Bb – F - C

Exercise 27

G C D

3 0 2

3 1 3

0 0 2

0 2 0

2 3

3

G – C - G - D

Exercise 28

A² D² E²

4 4 6

4 6 8

5 6 8

6 6 8

6 4 6

4

Ab – Db – Ab – Eb

Exercise 29

B² E² F

1 6 1

3 8 1

3 8 2

3 8 3

1 6 3

1

Bb – Eb – Bb – F

Exercise 30

C# F# G#

4	2	4
6	2	4
6	3	5
6	4	6
4	4	6
	2	4

C# - F# - C# - G#

Exercise 31

F# A# B#





6	4	1
8	4	3
8	5	3
8	6	3
6	6	1
	4	

Eb - Ab - Eb - Bb

Minor (m) and Major (M) Progression: i– VII – VI – v





Pay close attention as this progression involves both!

Exercise 32

Am	G	F	Em
			
0	3	1	0
1	3	1	0
2	0	2	0
2	0	3	2
0	2	3	2
	3	1	0

Am – G – F – Em

Exercise 33

Bm	A	G	F#m
			
2	0	3	2
3	2	3	2
4	2	0	2
4	2	0	4
2	0	2	4
		3	2

Bm – A – G – F#m

Exercise 34

Cm	B ²	A ²	Gm
3	1	4	3
4	3	4	3
5	3	5	3
5	3	6	5
3	1	6	5
		4	3

Cm – Bb – Ab – Gm

Exercise 35

Dm	C	B ²	Am
1	0	1	0
3	1	3	1
2	0	3	2
0	2	3	2
	3	1	0

Dm – C – Bb – Am

Exercise 36

Em D C Bm

0	2	0	2
0	3	1	3
0	2	0	4
2	0	2	4
2		3	2
0			

Em – D – C - Bm

Exercise 37a

Fm E^b D^b Cm

2	6	4	3
2	8	6	4
2	8	6	5
4	8	6	5
4	6	4	3
2			

Fm – Eb – Db - Cm

12 Bar Blues:

Remember that seventh chords are often used just before a change, and more changes can be added.

Standard: I - I - I - I - IV - IV - I - I - V - V - I - I

Exercise 37b

C	C7	F	F7	G	G7
0	0	1	1	3	1
1	1	1	1	3	0
0	3	2	2	0	0
2	2	3	1	0	0
3	3	3	3	2	2
		1	1	3	3

C - C - C - C7 | F - F7 - C - C7 | - G - G7 - C - C7

Exercise 38

D	D7	G	G7	A	A7
2	2	3	1	0	0
3	1	3	0	2	2
2	2	0	0	2	0
0	0	0	0	2	2
		2	2	0	0
		3	3		

D - D - D - D7 | G - G7 - D - D7 | A - A7 - D - D7

Exercise 39

E	E7	A	A7	B	B7
0	0	0	0	2	(2)
0	0	2	2	4	0
1	1	2	0	4	2
2	0	2	2	4	1
2	2	0	0	2	2
0	0				

E – E – E – E7 | A – A7 – E – E7 | B – B7 – E – E7

Exercise 40

G	G7	C	C7	D	D7
3	1	0	0	2	2
3	0	1	1	3	1
0	0	0	3	2	2
0	0	2	2	0	0
2	2	3	3		
3	3				

G – G – G – G7 | C – C7 – G – G7 | D – D7 – G – G7

Progression: Quick Changes

I - IV - I - I - IV - IV - I - I - V - IV - I - I

Exercise 41

C	F	C7	F7	G
0	1	0	1	3
1	1	1	1	3
0	2	3	2	0
2	3	2	1	0
3	3	3	3	2
	1		1	3

C - F - C - C7 - | F - F7 - C - C7 - | G - F - C - C7

Exercise 42

E	A	E7	A7	B
0	0	0	0	2
0	2	0	2	4
1	2	1	0	4
2	2	0	2	4
2	0	2	0	2
0		0		

E - A - E - E7 - | A - A7 - E - E7 - | B - A - E - E7

Combo Progression: I - iv - i^o - I⁷

A diminished chord is a minor chord with a lowered fifth (v).

Exercise 43

C	Fm	C ^o	C7
0	1		0
1	1	4	1
0	1	5	3
2	3	4	2
3	3	3	3
	1		

C – Fm – C^o – C7

Exercise 44

D	Gm	D ^o	D7
2	3	1	2
3	3	3	1
2	3	1	2
0	5	0	0
	5		
	3		

D – Gm - D^o - D7

Exercise 45

E	Am	E ^o	E7
0	0		0
0	1		0
1	2	0	1
2	2	2	0
2	0	1	2
0		0	0

E – Am - E^o - E7

Exercise 46

F	Bbm	F ^o	F7
1	1		1
1	2		1
2	3	1	2
3	3	3	1
3	1	2	3
1		1	1

F – Bbm - F^o - F7

Exercise 47

G	Cm	G ^o	G7
3	3		3
3	4		3
4	5	3	4
5	5	5	3
5	3	4	5
3		3	3

G – Cm - G^o - G7

Exercise 48

A	Dm	A ^o	A7
0	1		0
2	3	1	2
2	2	2	0
2	0	1	2
0			0

A – Dm - A^o - A7

Exercise 49

B	Em	B ^o	B7
2	0		(2)
4	0	3	0
4	0	4	2
4	2	3	1
2	2	2	2
	0		

B – Em - B^o - B7

Exercise 50

D ^o	G ^o m	D ^o 7	D ^o 7
4	2		4
6	2	5	6
6	2	6	4
6	4	5	6
4	4	4	4
	2		

Db – Gbm - Db^o - Db7