

## 50 Chord Progressions – The Circle of Fifths

Before you view the chords I've included the 12 notes in Western Music in the event you forget what the dual names are for sharps and flats.

Ref: A – A#/Bb – B – C – C#/Db – D – D#/Eb – E – F – F#/Gb – G – G#/Ab

We are ONLY focusing on two strumming patterns, as described in the DVD.

Pattern 1: DDD, DU

Pattern 2: DD, UU, DU

### Progression I – IV – V:

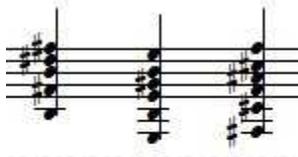
#### Exercise 1

A	D	E
0	2	0
2	3	0
2	2	1
2	0	2
0		2
		0

A – D – E

## Exercise 2

B E F#

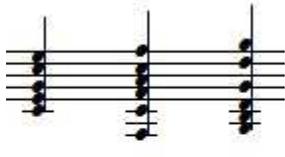


2 0 2  
4 0 2  
4 1 3  
4 2 4  
2 2 4  
0 0 2

B – E – F#(Gb)

## Exercise 3

C F G



0 1 3  
1 1 3  
0 2 0  
2 3 0  
3 3 2  
1 1 3

C – F – G

Exercise 4

D      G      A

2      3      0  
3      3      2  
2      0      2  
0      0      2  
         2      0  
         3

D – G – A

Exercise 5

E      A      B

0      0      2  
0      2      4  
1      2      4  
2      2      4  
2      0      2  
0

E – A – B

Exercise 6

F      B<sup>b</sup>      C

1      1      0  
1      3      1  
2      3      0  
3      3      2  
3      1      3  
1

F – B<sup>b</sup>(A<sup>#</sup>) – C

Exercise 7

G      C      D

3      0      2  
3      1      3  
0      0      2  
0      2      0  
2      3  
3

G – C – D

Exercise 8

A<sup>2</sup>    D<sup>2</sup>    E<sup>2</sup>

4    4    6  
4    6    8  
5    6    8  
6    6    8  
6    4    6  
4

Ab – Db – Eb (or G#/C#/D#)

Exercise 9

C<sup>#</sup>    F<sup>#</sup>    G<sup>#</sup>

4    2    4  
6    2    4  
6    3    5  
6    4    6  
4    4    6  
2    2    4

C# – F# - G# (or Db – Gb – Ab)

Exercise 10

D# G# A#

6 4 1  
8 4 3  
8 5 3  
8 6 3  
6 6 1  
4

Detailed description: This block contains musical notation for Exercise 10. At the top, three chords are labeled: D#, G#, and A#. Below each label is a five-line staff with notes and accidentals. The notes for D# are D#4, F#4, A#4, C#5, and D#5. The notes for G# are G#3, B3, D#4, and G#4. The notes for A# are A#3, C#4, E4, G#4, and A#4. Below the staves is a fretboard diagram with six horizontal lines representing strings. The fret numbers for each string are: 6, 4, 1, 8, 4, 3, 8, 5, 3, 8, 6, 3, 6, 6, 1, and 4.

D# - G# - A# (or Eb - Ab - Bb)

Exercise 11

F# B C#

2 2 4  
2 4 6  
3 4 6  
4 4 6  
4 2 4  
2

Detailed description: This block contains musical notation for Exercise 11. At the top, three chords are labeled: F#, B, and C#. Below each label is a five-line staff with notes and accidentals. The notes for F# are F#3, A3, C#4, E4, and F#4. The notes for B are B2, D#3, F#3, and B3. The notes for C# are C#3, E3, G#3, B3, and C#4. Below the staves is a fretboard diagram with six horizontal lines representing strings. The fret numbers for each string are: 2, 2, 4, 2, 4, 6, 3, 4, 6, 4, 4, 6, 4, 2, 4, and 2.

F# - B - C# (Gb - B - Db)

Exercise 12

G# C# D#

4 4 6  
4 6 8  
5 6 8  
6 6 8  
6 4 6  
4

G# - C# - D# (Ab - Db - Eb)

**PROGRESSION: I-IV-V-IV**

Exercise 13

A D E

0 2 0  
2 3 0  
2 2 1  
2 0 2  
0 2  
0

A - D - E - D

Exercise 14

B      E      F#

2      0      2  
4      0      2  
4      1      3  
4      2      4  
2      2      4  
         0      2

Detailed description: The image shows three chords on a six-string guitar. The first chord is B major, with notes B2, D#3, F#3, B3, D#4, and F#4. The second chord is E major, with notes E2, G#3, B3, E4, G#4, and B4. The third chord is F# major, with notes F#2, A#3, C#4, F#4, A#4, and C#5. Below the notation is a fretboard diagram with six strings and six frets. The fret numbers for each string are: 2, 4, 4, 4, 2, 2 for B; 0, 0, 1, 2, 2, 0 for E; and 2, 2, 3, 4, 4, 2 for F#.

B – E – F# – E (or B – E – Gb – E)

Exercise 15

C      F      G

0      1      3  
1      1      3  
0      2      0  
2      3      0  
3      3      2  
         1      3

Detailed description: The image shows three chords on a six-string guitar. The first chord is C major, with notes C2, E3, G3, C4, E4, and G4. The second chord is F major, with notes F2, A3, C4, F4, A4, and C5. The third chord is G major, with notes G2, B3, D4, G4, B4, and D5. Below the notation is a fretboard diagram with six strings and six frets. The fret numbers for each string are: 0, 1, 0, 2, 3, 3 for C; 1, 1, 2, 3, 3, 1 for F; and 3, 3, 0, 0, 2, 3 for G.

C – F – G – F

Exercise 16

D      G      A

2      3      0  
3      3      2  
2      0      2  
0      0      2  
         2      0  
         3

D - G - A - G

Exercise 17

E      A      B

0      0      2  
0      2      4  
1      2      4  
2      2      4  
2      0      2  
0

E - A - B - A

Exercise 18

F      B<sup>b</sup>      C

1      1      0  
1      3      1  
2      3      0  
3      3      2  
3      1      3  
1

F – B<sup>b</sup> – C – B<sup>b</sup> (F – A<sup>#</sup> – C – A<sup>#</sup>)

Exercise 19

G      C      D

3      0      2  
3      1      3  
0      0      2  
0      2      0  
2      3  
3

G – C – D – C

Exercise 20

A<sup>2</sup>      D<sup>2</sup>      E<sup>2</sup>

4      4      6  
4      6      8  
5      6      8  
6      6      8  
6      4      6  
4

Ab – Db – Eb – Db (or G# - C# - D# - C#)

**Progression: I-IV-I-V**

Exercise 21

A      D      E

0      2      0  
2      3      0  
2      2      1  
2      0      2  
0           2  
0           0

A – D – A – E

Exercise 22

B E F#

2 0 2  
4 0 2  
4 1 3  
4 2 4  
2 2 4  
0 0 2

B - E - B - F#

Exercise 23

C F G

0 1 3  
1 1 3  
0 2 0  
2 3 0  
3 3 2  
1 1 3

C - F - C - G

Exercise 24

D      G      A

2      3      0  
3      3      2  
2      0      2  
0      0      2  
         2      0  
         3

D - G - D - A

Exercise 25

E      A      B

0      0      2  
0      2      4  
1      2      4  
2      2      4  
2      0      2  
0

E - A - E - B

Exercise 26

F      B<sup>b</sup>      C

1      1      0  
1      3      1  
2      3      0  
3      3      2  
3      1      3  
1

F - B<sup>b</sup> - F - C

Exercise 27

G      C      D

3      0      2  
3      1      3  
0      0      2  
0      2      0  
2      3  
3

G - C - G - D

Exercise 28

A<sup>2</sup>      D<sup>2</sup>      E<sup>2</sup>

4      4      6  
 4      6      8  
 5      6      8  
 6      6      8  
 6      4      6  
 4

Ab – Db – Ab – Eb

Exercise 29

B<sup>2</sup>      E<sup>2</sup>      F

1      6      1  
 3      8      1  
 3      8      2  
 3      8      3  
 1      6      3  
 1

Bb – Eb – Bb – F

Exercise 30

C# F# G#

4 2 4  
6 2 4  
6 3 5  
6 4 6  
4 4 6  
2 2 4

C# - F# - C# - G#

Exercise 31

E<sup>2</sup> A<sup>2</sup> B<sup>2</sup>

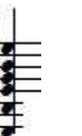
6 4 1  
8 4 3  
8 5 3  
8 6 3  
6 6 1  
4

E<sup>b</sup> - A<sup>b</sup> - E<sup>b</sup> - B<sup>b</sup>

## Minor (m) and Major (M) Progression: i- VII – VI – v

Pay close attention as this progression involves both!

### Exercise 32

Am	G	F	Em
			
0	3	1	0
1	3	1	0
2	0	2	0
2	0	3	2
0	2	3	2
	3	1	0

Am – G – F – Em

### Exercise 33

Bm	A	G	F#m
			
2	0	3	2
3	2	3	2
4	2	0	2
4	2	0	4
2	0	2	4
		3	2

Bm – A – G – F#m

Exercise 34

Cm	B <sup>7</sup>	A <sup>7</sup>	Gm
3	1	4	3
4	3	4	3
5	3	5	3
5	3	6	5
3	1	6	5
		4	3

Cm – Bb – Ab – Gm

Exercise 35

Dm	C	B <sup>7</sup>	Am
1	0	1	0
3	1	3	1
2	0	3	2
0	2	3	2
	3	1	0

Dm – C – Bb – Am

Exercise 36

Em      D      C      Bm

0      2      0      2  
0      3      1      3  
0      2      0      4  
2      0      2      4  
2           3      2  
0

Em – D – C – Bm

Exercise 37a

Fm      E<sup>b</sup>      D<sup>b</sup>      Cm

2      6      4      3  
2      8      6      4  
2      8      6      5  
4      8      6      5  
4      6      4      3  
2

Fm – Eb – Db – Cm

## 12 Bar Blues:

Remember that seventh chords are often used just before a change, and more changes can be added.

**Standard: I - I - I - I - IV - IV - I - I - V - V - I - I**

### Exercise 37b

C	C7	F	F7	G	G7
0	0	1	1	3	1
1	1	1	1	3	0
0	3	2	2	0	0
2	2	3	1	0	0
3	3	3	3	2	2
		1	1	3	3

C - C - C - C7 | F - F7 - C - C7 | - G - G7 - C - C7

### Exercise 38

D	D7	G	G7	A	A7
2	2	3	1	0	0
3	1	3	0	2	2
2	2	0	0	2	0
0	0	0	0	2	2
		2	2	0	0
		3	3		

D - D - D - D7 | G - G7 - D - D7 | A - A7 - D - D7

Exercise 39

E	E7	A	A7	B	B7
<hr style="border-top: 1px dashed black;"/>					
<hr style="border-top: 1px dashed black;"/>					
0	0	0	0	2	(2)
0	0	2	2	4	0
1	1	2	0	4	2
2	0	2	2	4	1
2	2	0	0	2	2
0	0				

E - E - E - E7 | A - A7 - E - E7 | B - B7 - E - E7

Exercise 40

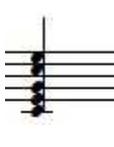
G	G7	C	C7	D	D7
<hr style="border-top: 1px dashed black;"/>					
<hr style="border-top: 1px dashed black;"/>					
3	1	0	0	2	2
3	0	1	1	3	1
0	0	0	3	2	2
0	0	2	2	0	0
2	2	3	3		
3	3				

G - G - G - G7 | C - C7 - G - G7 | D - D7 - G - G7

## Progression: Quick Changes

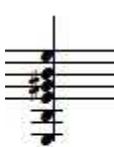
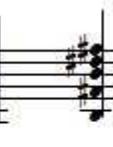
I - IV - I - I - IV - IV - I - I - V - IV - I - I

### Exercise 41

C	F	C7	F7	G
				
0	1	0	1	3
1	1	1	1	3
0	2	3	2	0
2	3	2	1	0
3	3	3	3	2
	1		1	3

C - F - C - C7 - | F - F7 - C - C7 - | G - F - C - C7

### Exercise 42

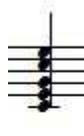
E	A	E7	A7	B
				
0	0	0	0	2
0	2	0	2	4
1	2	1	0	4
2	2	0	2	4
2	0	2	0	2
0		0		

E - A - E - E7 - | A - A7 - E - E7 - | B - A - E - E7

## Combo Progression: I - iv - i<sup>o</sup> - I7

A diminished chord is a minor chord with a lowered fifth (v).

### Exercise 43

C	Fm	C <sup>o</sup>	C7
			
0	1		0
1	1	4	1
0	1	5	3
2	3	4	2
3	3	3	3
	1		

C – Fm – C<sup>o</sup> – C7

### Exercise 44

D	Gm	D <sup>o</sup>	D7
			
2	3	1	2
3	3	3	1
2	3	1	2
0	5	0	0
	5		
	3		

D – Gm - D<sup>o</sup> - D7

### Exercise 45

E	Am	E <sup>o</sup>	E7
0	0		0
0	1		0
1	2	0	1
2	2	2	0
2	0	1	2
0		0	0

E – Am - E<sup>o</sup> - E7

### Exercise 46

F	B <sup>2</sup> m	F <sup>o</sup>	F7
1	1		1
1	2		1
2	3	1	2
3	3	3	1
3	1	2	3
1		1	1

F – Bbm - F<sup>o</sup> - F7

Exercise 47

G	Cm	G <sup>o</sup>	G7
3	3	3	3
3	4	3	3
4	5	3	4
5	5	5	3
5	3	4	5
3	3	3	3

G – Cm - G<sup>o</sup> - G7

Exercise 48

A	Dm	A <sup>o</sup>	A7
0	1		0
2	3	1	2
2	2	2	0
2	0	1	2
0			0

A – Dm - A<sup>o</sup> - A7

Exercise 49

B	Em	B <sup>o</sup>	B7
2	0		(2)
4	0	3	0
4	0	4	2
4	2	3	1
2	2	2	2
	0		

B – Em - B<sup>o</sup> - B7

Exercise 50

D <sup>9</sup>	G <sup>9</sup> m	D <sup>9</sup> o	D <sup>9</sup> 7
4	2		4
6	2	5	6
6	2	6	4
6	4	5	6
4	4	4	4
	2		

Db – Gbm - Db<sup>o</sup> - Db7