

100 Strumming Exercises

These exercises ARE about chord changes. Here we will have a four chord progression. After a few of the same progressions in each series of exercises we will change the chord progression around a little. The tempo is still 120 bpm.

Exercises 76-100

Exercise 76 (Dm – C – Bb - F)

Diagram for Exercise 76 showing four chords: Dm, C, Bb, and F. Each chord is represented by a guitar fretboard diagram with fingerings (1, 2, 3, 4) and strumming patterns (I, V, III, V).

Dm: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

C: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

Bb: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

F: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

Below the diagrams is a rhythmic notation for the exercise, starting with a 4/4 time signature and a downbeat arrow. The notation is: 1 e + a 2 e + a 3 e + a 4 e + a.

Exercise 77 (Dm – C – Bb - F)

Diagram for Exercise 77 showing four chords: Dm, C, Bb, and F. Each chord is represented by a guitar fretboard diagram with fingerings (1, 2, 3, 4) and strumming patterns (I, V, III, V).

Dm: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

C: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

Bb: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

F: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

Below the diagrams is a rhythmic notation for the exercise, starting with a 4/4 time signature and a downbeat arrow. The notation is: 1 e + a 2 e + a 3 e + a 4 e + a.

Exercise 78 (Dm – C – Bb - F)

Diagram for Exercise 78 showing four chords: Dm, C, Bb, and F. Each chord is represented by a guitar fretboard diagram with fingerings (1, 2, 3, 4) and strumming patterns (I, V, III, V).

Dm: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

C: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

Bb: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

F: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

Below the diagrams is a rhythmic notation for the exercise, starting with a 4/4 time signature and a downbeat arrow. The notation is: 1 e + a 2 e + a 3 e + a 4 e + a.

Exercise 79 (Dm – C – Bb - F)

Diagram for Exercise 79 showing four chords: Dm, C, Bb, and F. Each chord is represented by a guitar fretboard diagram with fingerings (1, 2, 3, 4) and strumming patterns (I, V, III, V).

Dm: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

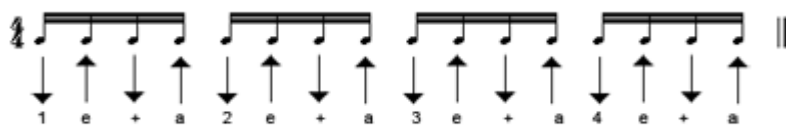
C: Fretboard diagram showing fingerings 1, 2, 3. Strumming pattern: I, V, III, V.

Bb: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

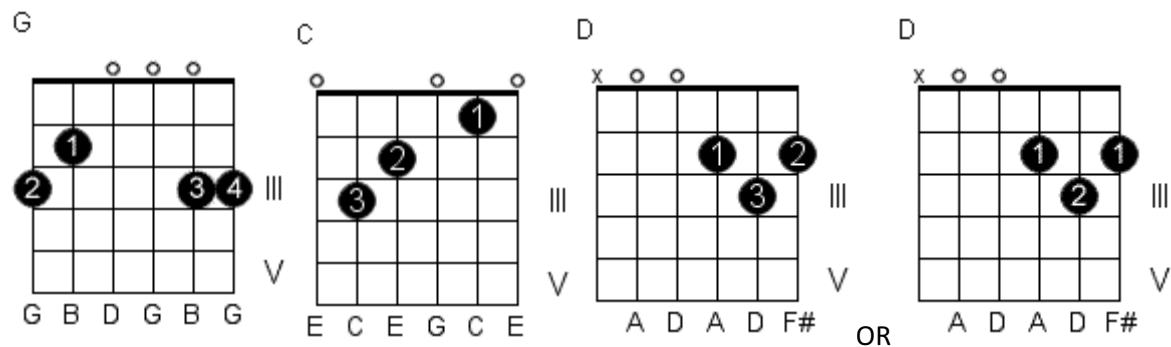
F: Fretboard diagram showing fingerings 1, 2, 3, 4. Strumming pattern: I, V, III, V.

Below the diagrams is a rhythmic notation for the exercise, starting with a 4/4 time signature and a downbeat arrow. The notation is: 1 e + a 2 e + a 3 e + a 4 e + a.

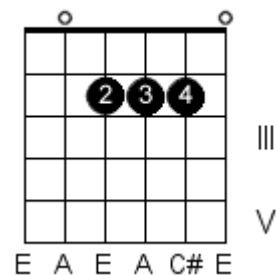
Exercise 80 (Dm – C – Bb - F)



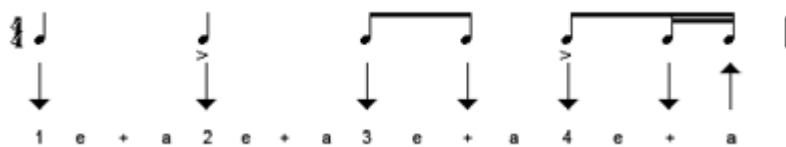
Exercise 81 (G – C – D - A)



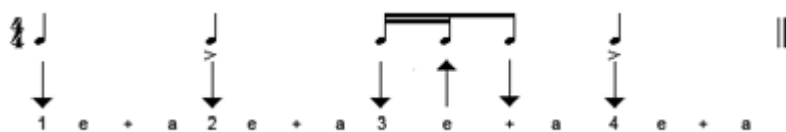
A



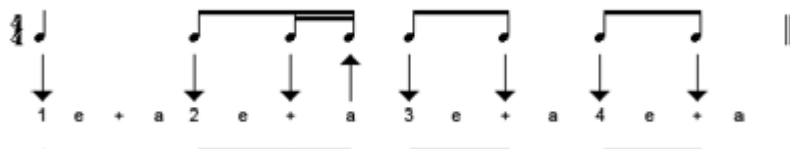
Exercise 82 (G – C – D - A)



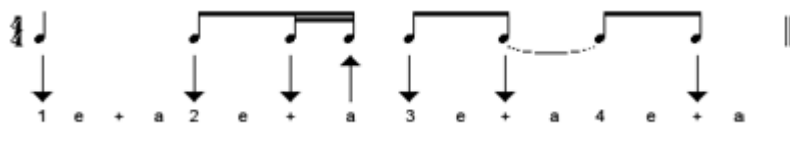
Exercise 83 (G – C – D - A)



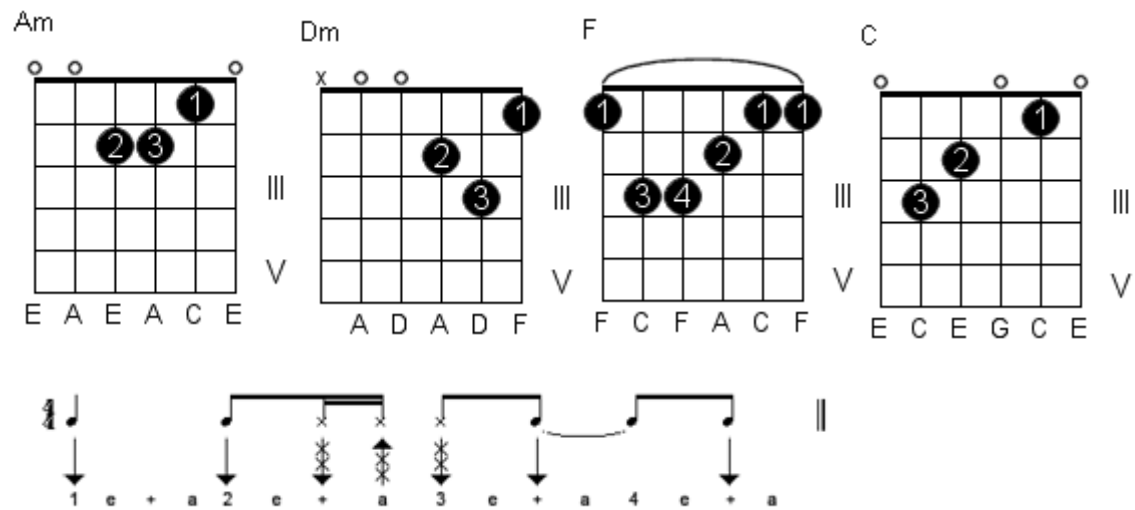
Exercise 84 (G – C – D - A)



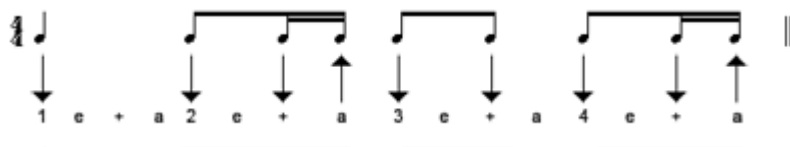
Exercise 85 (G – C – D - A)



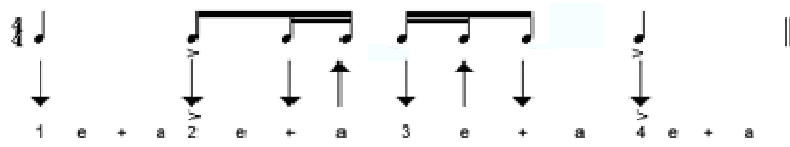
Exercise 86 (Am – Dm – F - C)



Exercise 87 (Am – Dm – F - C)



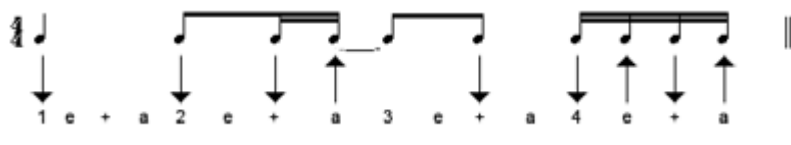
Exercise 88 (Am – Dm – F - C)



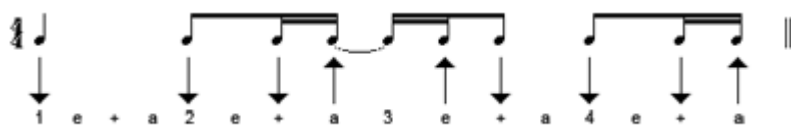
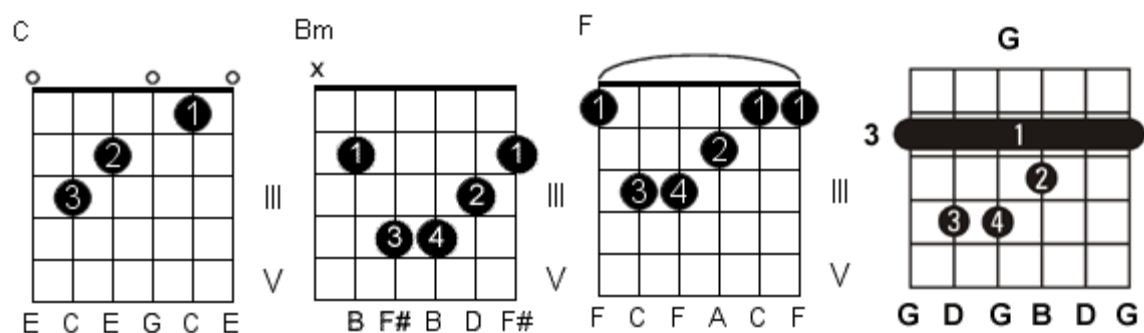
Exercise 89 (Am – Dm – F - C)



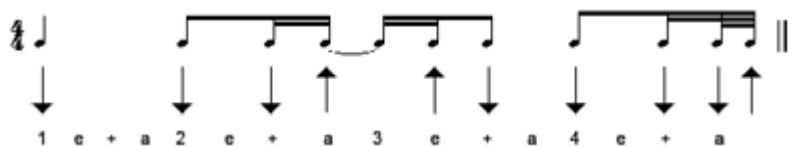
Exercise 90 (Am – Dm – F – C)



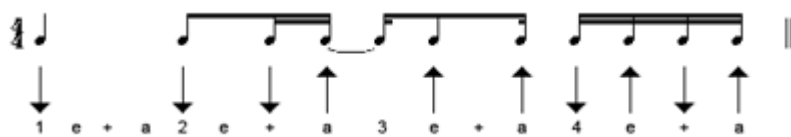
Exercise 91 (C – Bm – F – G)



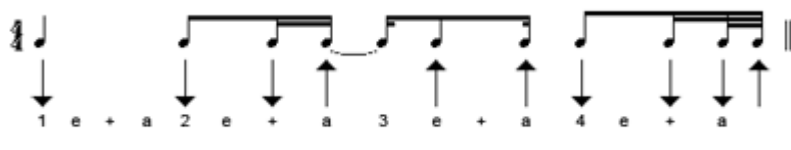
Exercise 92 (C – Bm – F – G)



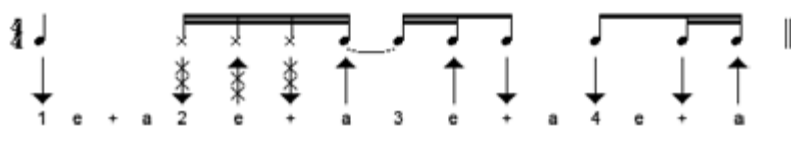
Exercise 93 (C – Bm – F – G)



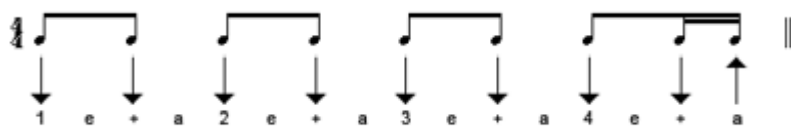
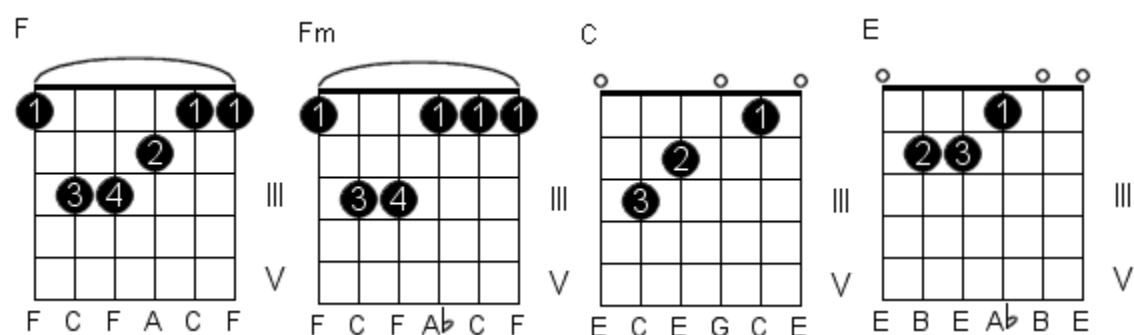
Exercise 94 (C – Bm – F – G)



Exercise 95 (C – Bm – F – G)



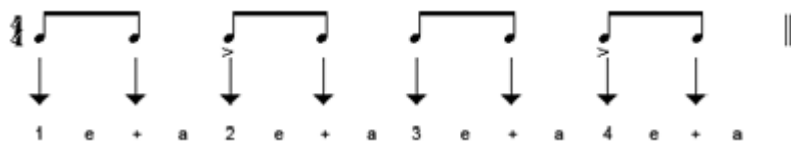
Exercise 96 (F – Fm – C – E)



Exercise 97 (F – Fm – C – E)



Exercise 98 (F – Fm – C – E)



Exercise 99 (F – Fm – C – E)



Exercise 100 (F – Fm – C - E)

