

Strummer Camp: 2019 – Day 18

Today you'll be working with a 120 bpm track using a straight beat. These exercises are very much the same ones you worked with on Day 7 and 8 – but the progressive increase in tempo makes everything feel “rushed” in many ways. You might also notice that some of the 8th note groupings are slightly different than Day 7 and 8. However, the value would still be the same.

Back to what I mean by *rushed* > I don't mean to the point where things should get sloppy. If anything, that's the worst thing that could happen. What I would like you to do is to start these exercises off VERY slowly as to get your motor memory going on your strumming hand. The note values are only partially important. The big kicker here is to be sure you get the chords to “fit” within the overall bpm range.

Exercise 76:

♩ = 120

C Am F G

Exercise 76 musical notation: The exercise is set at 120 bpm. It features four chord sections: C, Am, F, and G. Each section consists of a guitar staff with notes and a corresponding fretboard diagram below it. The C section has 8 notes with fingerings (0, 1, 0, 1, 0, 1, 0, 1). The Am section has 8 notes with fingerings (0, 1, 0, 1, 2, 2, 0, 0). The F section has 8 notes with fingerings (1, 1, 2, 2, 3, 3, 1, 1). The G section has 8 notes with fingerings (3, 3, 0, 0, 2, 2, 3, 3). Strumming directions are indicated by 'v' and '∨' symbols.

Exercise 77:

♩ = 120

C Am F G

Exercise 77 musical notation: The exercise is set at 120 bpm. It features four chord sections: C, Am, F, and G. Each section consists of a guitar staff with notes and a corresponding fretboard diagram below it. The C section has 8 notes with fingerings (0, 1, 0, 1, 0, 1, 0, 1). The Am section has 8 notes with fingerings (0, 1, 0, 1, 2, 2, 0, 0). The F section has 8 notes with fingerings (1, 1, 2, 2, 3, 3, 1, 1). The G section has 8 notes with fingerings (3, 3, 0, 0, 2, 2, 3, 3). Strumming directions are indicated by 'v' and '∨' symbols.

Exercise 84:

$\downarrow = 120$

Am **Em**

0 0 0 0 0 0 0 0 x 0 x | 0 0 0 0 0 0 0 0 x 0 x

1 1 1 1 1 1 1 1 x 1 x | 0 0 0 0 0 0 0 0 x 0 x

2 2 2 2 2 2 2 2 x 2 x | 0 0 0 0 0 0 0 0 x 0 x

0 0 0 0 0 0 0 0 x 0 x | 2 2 2 2 2 2 2 2 x 2 x

0 0 0 0 0 0 0 0 x 0 x | 0 0 0 0 0 0 0 0 x 0 x

Exercise 85:

$\downarrow = 120$

Em **Bm**

0 x x x 0 0 0 0 0 0 | 2 x x x 2 2 2 2 2 2

0 x x x 0 0 0 0 0 0 | 3 x x x 3 3 3 3 3 3

0 x x x 0 0 0 0 0 0 | 4 x x x 4 4 4 4 4 4

2 x x x 2 2 2 2 2 2 | 4 x x x 4 4 4 4 4 4

0 x x x 0 0 0 0 0 0 | 2 x x x 2 2 2 2 2 2